

THE LORD'S PRAYER AT WORK

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Our Father in heaven: As you go to work today, try and picture your Father being there with you.

Hallowed be your name: How does your work honour God? How are you working 'in his image'?

Your Kingdom come, your will be done: How might the atmosphere, relationships, values, priorities, and policies change if the Kingdom actually came to your place of work? Pray about them with faith and consider how you might influence or contribute to these changes.

Give us this day our daily bread: What might your 'daily bread' consist of? Pray that God will equip you to do the work He has called you to. Be as specific as possible about what you need for today.

Forgive us our sins as we forgive those who sin against us: What types of things regularly trip you up at work? Are you taking them seriously and asking for forgiveness from God? Have colleagues hurt you and are you able to forgive them? Have you hurt others? Do you need to ask them for forgiveness?

Lead us not into temptation but deliver us from evil: What temptations or schemes of the enemy may be specific or systemic to your place of work? Ask God to help you stand against them. Have you considered sharing what you face at work with others so that they might support you?

For the kingdom, the power and the glory are yours forever: As you pray this, give thanks that God is in control over all the areas of your life - including your workplace!